



A
Family Planning Program
Program for Women
Ages 19 - 55

Alabama Medicaid Agency
November 2008

History of Plan First

- In 1998 the family planning waiver (Plan First) became a collaborative effort between Medicaid and the Alabama Department of Public Health, with additional assistance provided through the University of Alabama at Birmingham School of Public Health. All entities made a commitment to further the health status of Alabama.

History of Plan First

- The intent of the waiver was to reduce pregnancy and birth rates within the low-income population of the state (that is, women of childbearing age ages 19 through 44 with family incomes below 133% of the federal poverty level) by reducing the rate of unintended pregnancy.

History of Plan First

- The Plan First Family Planning Waiver was initially approved October 1, 2000 for 5 years. Three year waiver extensions were approved October 1, 2005 and October 1, 2008.
- As of October 1, 2008, the waiver extends family planning benefits to women ages 19 through 55.

Plan First Eligibles

- As of October 31, 2008 there were 68,517 women enrolled in the Plan First Program

Who Is Eligible?

A woman who:

- Has not previously been sterilized
- Meets citizenship and alienage requirements
- Meets poverty level guidelines
- Is between ages of 19-55
- Has one or more SOBRA eligible children
- Is a SOBRA pregnant woman
- Not postpartum or applying for a child

Plan First Provider

A recipient eligible for the Plan First Program must be seen by an enrolled Plan First Provider. These providers can be:

- Physicians
- Clinics
- Nurse Midwives
- Nurse Practitioners
- Physician Assistants

Covered Services

- Yearly family planning exam
- Care support from social worker or nurse
- Some types of birth control such as pills and Depo-Provera shots
- Tubes tied for women 21 or older
- Lab work such as testing for pregnancy and STDs
- Help in planning when to have a baby

What's Not Covered

- Primary Care/Medical Services
- Plan First is strictly a pregnancy prevention program

Plan First Provider List

- The Alabama Medicaid Agency maintains a listing of all providers who have enrolled to provide services to Plan First eligibles.
- The list contains the provider's address and phone number and is sorted by the provider's county of practice.

Plan First Provider List

- The list is made available to all Plan First care coordinators and staff of the Plan First toll free hotline, and is also available to any other party who may be assisting women in locating a Plan First provider.

Plan First Provider List

- The list is available online at the Alabama Medicaid web site (www.medicaid.alabama.gov) as well as in printed form.

www.medicaid.alabama.gov

The screenshot shows a web browser window with the URL http://www.medicaid.alabama.gov/Statewide/PlanFirst_providers.asp. The page features the Medicaid logo and a navigation menu with items like Home, News, Apply for Medicaid, Programs, Resources, Billing, Fraud Abuse Prevention, Contact Us, and Transformation. The main content area is titled "Plan First Providers Search" and includes a search form with fields for County (a dropdown menu set to "All Counties"), Provider Name, and City. There are "Submit Search" and "Reset Form" buttons at the bottom of the form.

To Find Out More Information About Plan First:

TOLL FREE HOTLINE

1-888-737-2083

or

using Agency website for a list of Plan First providers

or

by contacting the local health department for a list of providers

Contact Information

- Health Department (supplies)
Annie Vose 334-206-2959
- Medicaid (policy issues)
Leigh Ann Hixon 334-353-5263
- Provider Assistance Center - 800-688-7989
- Recipient Call Center - 800-362-1504
- Recipient Call Center Fax - 334-215-4140
- Website: www.medicaid.alabama.gov
- For additional information, select the Programs tab from the top menu bar